

Change the World from the Inside Out.



Energy Configurations:

- Stagnant - Low, weak and unmoving, stuck, lethargic, depressed;
- Compressive - Pent up, tense, strained, holding back, capitulated, constipated;
- Expansive - Growing, glowing, ecstatic, generous, blissful, elated;
- Transitive - Shifting, changing, unstable, mutable;
- Isometric - pushing and pulling, conflicted, tense, passive aggressive, actively nonmoving;
- Isotonic - Unbalanced isometric, concentric, eccentric, leaning, tense, resistant but moving;
- Fluid - Effortless, flowing without resistance, carefree, fearless, relaxed, confident;
- Fluctuating - Unresolved, variable, searching for balance;
- Percolating - Compressed but beginning to move;
- Explosive - Instant decompression, hyper-reactive;
- Scattered - Unfocused, multi-directional;
- Bleeding - Leaking, dissipating, deflating;
- Accumulating - Drawing in, actively ingesting with limited expansion. Pressurizing.